



Table coach's discussion guide

Lesson 004 – Artificial fruit

- Part 1: Tell Your Story

- Let me start by repeating what the head coach said: ***We are not talking about pornography.*** We are talking about the clothed women we see on our screens.
- The term *artificial women* refers to all the women we see on our screens. Women we will never meet. Men are bonding emotionally with these women, entering into *artificial* mental relationships with them.
- It's natural for men to be attracted to women – especially women in their peak reproductive years. This is how humanity reproduces. But...
 - Is it natural for a man to see dozens of gorgeous women every day?
 - What does this do to our brains?
- There's an old saying in the advertisement business: sex sells. Have you noticed:
 - The TV weatherman is now a woman in the tight dress
 - Social media and ads are dominated by images of attractive women, even if they have nothing to do with the product
- What do you think or do when an image of a beautiful woman pops up on your screen? Extra points for honesty.
 - Have you ever clicked on a picture of an attractive woman, only to be flooded with more images?
 - Are the women you see on your screens more attractive than the women you see in real life?
 - Is it difficult to control your thoughts?
- Have you ever thought obsessively about a woman you saw on a screen? Imagined yourself in a relationship with her?
- What's your danger zone? TV? Social media? Sports? Video gaming?

- Part 2: Ancient Wisdom

- Read this introduction:
 - When the Bible was written there were no screens. Women were, for the most part, fully covered in public.
 - Today, we sit in front of our screens while dozens of images of desirable women appear before our eyes. At no time in history have men been exposed to so many images of flawless women in their peak fertility years. This provokes a natural biological reaction: sexual desire.
 - Nevertheless, the Bible is clear: entertaining lustful thoughts is a sin.
- Read the words of Jesus (Matthew 5:27-28):
 - ***“You have heard that it was said, ‘You shall not commit adultery.’ But I tell you that anyone who looks at a woman lustfully has already committed adultery with her in his heart.***
- Ask the guys: Are you an adulterer?
 - A: Yes. And so is every man who’s ever lived!
 - **What is lust? Define the word.**
 - **Is noticing a woman’s beauty lust? Where’s the line?**
- Ask the guys: Why did Jesus set such an impossibly high bar when it comes to sexual thoughts?
- Read the verses that follow the passage above, Matthew 5:29-30
 - Is Jesus telling us to literally gouge out our eyes or cut off our hands?
 - We are not *literally* adulterers. Jesus is using hyperbole to make a point. He is illustrating how seriously we must resist lustful thoughts.
 - And there’s never been more visual temptation available to us.
- Read Proverbs 7:6-27 to the group.
 - Highlight verse 10: *Then out came a woman to meet him, dressed like a prostitute with crafty intent.*
 - What did it mean to “dress like a prostitute” almost 3,000 years ago when the book of Proverbs was written?
 - How do many on-screen women dress?
 - Does their choice of attire reveal crafty intent?
 - Re-read verses 22-23
 - What happens to the man who follows her?
 - A: Slaughtered, pierced by an arrow, snared.
 - Does a similar fate await men who ogle women online?

- **Part 3: Make it real**

- Roy, our presenter is seeing disturbing trends among the men who come into his counseling practice:
 - Married men who are turning away from their real wives
 - Single men who are giving up on real women altogether
 - **Are you seeing these things too in the men you know?**
 - **Are these men being wise or foolish?**
- Show the guys this chart. Screen women vs. real woman. Which one wins?

Attribute	Screen women	Real women
Never get old		
Don't have to be cultivated		
Always look beautiful		
Never too busy for you		
Always want you		
They're seedless (can't get pregnant)		
Never betray you or break your heart		
Are never emotional or cranky		
Never get sick or die		
Won't divorce you or take away your kids		
Endless variety (an online harem)		
Demand nothing of you		

- Ask the guys:
 - **Which is safer? Bonding with a real woman or a screen woman?**
 - **Does modern society reward or punish men who commit to a real woman in marriage?**
- Roy concluded by saying, "Just as artificial fruit can't nourish the body, artificial women can't nourish a man's heart and soul." **Do you agree? Why or why not?**
- **Despite all the risks and challenges of loving a real woman, is it worth the risk?**
- **What are some of the advantages real women have over screen women? Do these outweigh the potential negatives?**

TOP SECRET